

TWENTYEIGHTEEN

# JAN

*Eat well. Love fully. Dream daily.*

**M T W T F S S**

01	02	03	04	05	06	07
08	09	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	01	02	03	04
05	06	07	08	09	10	11

TWENTYEIGHTEEN

# FEB

*You gotta nourish to flourish.*

**M T W T F S S**

29	30	31	01	02	03	04
05	06	07	08	09	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	01	02	03	04
05	06	07	08	09	10	11

TWENTYEIGHTEEN

# MAR

*Better an 'oops' than a 'what if'.*

**M T W T F S S**

26	27	28	01	02	03	04
05	06	07	08	09	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	01
02	03	04	05	06	07	08

TWENTYEIGHTEEN

# APR

*We rise by lifting others.*

**M T W T F S S**

26	27	28	29	30	31	01
02	03	04	05	06	07	08
09	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	01	02	03	04	05	06

TWENTYEIGHTEEN

# MAY

*Grow through what you go through.*

**M T W T F S S**

30	01	02	03	04	05	06
07	08	09	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	01	02	03
04	05	06	07	08	09	10

TWENTYEIGHTEEN

# JUN

*You are enough.*

**M T W T F S S**

28	29	30	31	01	02	03
04	05	06	07	08	09	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	01
02	03	04	05	06	07	08

TWENTYEIGHTEEN

# JUL

*Be the energy you want to attract.*

**M T W T F S S**

25	26	27	28	29	30	01
02	03	04	05	06	07	08
09	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	01	02	03	04	05

TWENTYEIGHTEEN

# AUG

*Every day is a fresh start.*

**M T W T F S S**

30	31	01	02	03	04	05
06	07	08	09	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	01	02
03	04	05	06	07	08	09



TWENTYEIGHTEEN

# SEP

*Perfection is not achievable, it does not exist.*

**M T W T F S S**

27	28	29	30	31	01	02
03	04	05	06	07	08	09
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
01	02	03	04	05	06	07

TWENTYEIGHTEEN

# OCT

*The way you speak to yourself matters.*

**M T W T F S S**

01	02	03	04	05	06	07
08	09	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	01	02	03	04
05	06	07	08	09	10	11

TWENTYEIGHTEEN

# NOV

*Never forget how wildly capable you are!*

**M T W T F S S**

29	30	31	01	02	03	04
05	06	07	08	09	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	01	02
03	04	05	06	07	08	09

TWENTYEIGHTEEN

# DEC

*Grateful for where I'm at. Excited about where I'm going.*

**M T W T F S S**

26	27	28	29	30	01	02
03	04	05	06	07	08	09
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	01	02	03	04	05	06